



(989)895-4487

(989)895-HITS

Hitting Warehouse
“Friday Night Boot Camp”

Featuring - Scott Fisher
Northwood University Strength and Conditioning Coach

- *Speed Training*
 - *Agility Training*
 - *Strength Training.*
 - *Increase Leg and Core power!*
 - *Open to boys and girls in all sports!*
 - *6 week Program - Starts Feb. 17th (reg. by Feb. 14th)*
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\$45

(for 6 week program)

3 Ways to Register!

Online at www.hittingwarehouse.com

Call Hitting Warehouse @ 895-HITS or Drop off Registration form

Name/Contact # _____

Please circle one

Age 7-11: 7:00 - 7:55

Age 12 and up: 8:00 - 8:55

(Classes limit of 15. May combine classes if needed)
